



COMMUNION AT HOME

WE BELIEVE A SMALL GATHERING OF BELIEVERS (EVEN 2!) IS A GREAT PLACE FOR COMMUNION TO HAPPEN. THE FOLLOWING ARE SOME SIMPLE GUIDELINES TO MAKE THIS A MEANINGFUL CELEBRATION AS YOU TAKE COMMUNION AT HOME.

WHAT IS COMMUNION? (THE LORD'S SUPPER)

IT IS THE REGULAR REMEMBRANCE AND CELEBRATION OF JESUS' SACRIFICE ON THE CROSS (MATTHEW 26:26-28; 1 CORINTHIANS 11:23-24).

- **BREAD:** THE BREAKING AND EATING OF BREAD SYMBOLIZES CHRIST'S BODY BEING BROKEN ON THE CROSS.
- **CUP:** THE CUP SYMBOLIZES THE SHEDDING OF CHRIST'S BLOOD AND THE FORGIVENESS OF SIN THAT IS THE RESULT

WHAT IS THE PURPOSE OF COMMUNION?

WHEN WE PARTICIPATE IN COMMUNION, WE TAKE TIME TO REMEMBER ALL THAT THE LORD HAS DONE FOR US. IT IS A TIME TO WORSHIP AND GIVE THANKS FOR THE FORGIVENESS OF OUR SINS AND THE NEW LIFE AND RELATIONSHIP THAT WE HAVE IN JESUS CHRIST. JESUS INSTRUCTED US TO SHARE COMMUNION WITH EACH OTHER JUST BEFORE HIS DEATH. BECAUSE WE TEND TO BE FORGETFUL PEOPLE, JESUS GAVE THIS SYMBOL TO:

- **REMINDE US OF HIS SACRIFICE:** COMMUNION IS A TANGIBLE MEMORIAL OF HIS SACRIFICE. IT HELPS US REMEMBER HIS LOVE AND FORGIVENESS OF OUR SINS (1 CORINTHIANS 11:23-26).
- **ENCOURAGE REFLECTION:** COMMUNION IS ALSO A TIME OF IS A TIME OF PERSONAL EXAMINATION. IT IS A TIME TO EXAMINE OUR RELATIONSHIP WITH THE LORD AND OTHERS (1 CORINTHIANS 11:27-32).

WHO CAN TAKE COMMUNION?

ANY PERSON WHO HAS BELIEVED IN OR TRUSTED THE LORD JESUS CHRIST ALONE FOR HIS OR HER SALVATION IS ENCOURAGED TO PARTICIPATE IN COMMUNION.

WHO CAN SERVE COMMUNION?

ANY BELIEVER CAN SERVE OR FACILITATE COMMUNION.

HOW CAN WE SERVE COMMUNION?

THE BIBLE DOES NOT DICTATE EXACTLY HOW TO SERVE COMMUNION.

ALL YOU NEED IS:

- **BREAD:** THE BREAD JESUS USED DIDN'T HAVE YEAST (SYMBOLIZING THE ABSENCE OF SIN), BUT IF YOU DON'T HAVE ANY CRACKERS ON HAND, ANY KIND OF BREAD WILL DO.
- **DRINK:** JESUS SERVED WINE, BUT MOST FAMILIES AND CHURCHES OPT FOR GRAPE JUICE. ANY BEVERAGE THAT SYMBOLIZES THE BLOOD OF CHRIST IS APPROPRIATE.

REMEMBER

THE IMPORTANT THING TO REMEMBER IS THAT THIS IS A TIME OF WORSHIP, CELEBRATION, REMEMBRANCE, AND REFLECTION.

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STEP 1 - PREPARE

REMOTE COMMUNION (IF YOUR GROUP IS MEETING VIA VIDEO/PHONE CONFERENCE)
PRIOR TO MEETING: ASK ALL MEMBERS TO FIND AND SET OUT FOR THEMSELVES PRIOR TO YOUR MEETING:

- A SINGLE PORTION (BITE SIZED) OF BREAD
- A SMALL CUP OF JUICE (OR OTHER APPROPRIATE BEVERAGE)

WHEN YOU ARE READY TO TAKE COMMUNION: MEMBERS TO RETRIEVE THEM TO HAVE ON HAND.

IN-PERSON COMMUNION (IF YOUR GROUP IS MEETING IN PERSON)

1. PRIOR TO MEETING

- WASH YOUR HANDS
- BREAK BREAD/CRACKERS INTO BITE SIZED PIECES
- PLACE ONE PIECE ONTO A SMALL PLATE OR NAPKIN FOR EACH GROUP MEMBER
- POUR JUICE/BEVERAGE INTO ONE SMALL GLASS FOR EACH PARTICIPANT.
- ARRANGE BREAD AND CUPS SO THAT MEMBERS CAN TAKE ONE OF EACH WITHOUT CONTACTING OTHERS PORTIONS.

2. WHEN YOU ARE READY TO TAKE COMMUNION:

- ASK ALL MEMBERS TO WASH HANDS
- HAVE EACH MEMBER TAKE THEIR PORTION AND RETURN TO THEIR SEAT

STEP 2 - CELEBRATE TOGETHER

REMINDE: BEGIN YOUR TIME OF CELEBRATION BY READING ONE OR TWO PASSAGES OF SCRIPTURE TO REMIND MEMBERS OF THE LORD'S DEATH, BURIAL, AND RESURRECTION. (PSALM 21, 1 CORINTHIANS 15:1-8, GALATIANS 2:16-21, EPHESIANS 2:1-10, PHILIPPIANS 2:1-11, ISAIAH 53, MARK 15:21-29, JOHN 19)

REFLECT: ASK MEMBERS TO TAKE A FEW MOMENTS TO REFLECT IN SILENT PRAYER

READ: READ 1 CORINTHIANS 11:23-26.

RECEIVE: INSTRUCT MEMBERS TO TAKE THE BREAD AND CUP TOGETHER

- AS YOU TAKE THE BREAD, REMIND THE GROUP THAT IT REPRESENTS CHRIST'S BODY
- AS YOU DRINK FROM THE CUP, REMIND THE GROUP THAT IT REPRESENTS CHRIST'S BLOOD

RESPOND: CONCLUDE YOUR CELEBRATION BY SINGING A SONG, LISTENING TO A PRAISE SONG, OR HAVING A TIME OF PRAYER IN THANKS TO GOD.

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