

DETOX WEEK 4  
PASTOR DOYLE SURRETT

MAIN POINT

IF WE REALLY WANT TO DETOX WE MUST IDENTIFY THE TOXICITY IN OUR SOULS, STOP BEING FRIENDS WITH THE WORLD, AND POSITION OURSELVES FOR GOD'S FAVOR.

QUESTION OF THE DAY:

FILL IN THE BLANKS: IF ONLY I HAD \_\_\_\_\_ I WOULD DO/BE \_\_\_\_\_  
WHY DID YOU ANSWER THIS WAY? \_\_\_\_\_

DIG IN

- READ JAMES 4:4-10
- WHAT IS JAMES SAYING CAUSES "TOXIC" SOULS V. 1-3? WHAT IS THE RESULT OF ALLOWING THESE TOXINS TO THRIVE?
- WHAT DO YOU THINK JAMES MEANS WHEN HE SAYS THAT HIS READERS ARE "FRIENDS WITH THE WORLD" IN V. 4? HOW AND WHY DOES THIS FRIENDSHIP MAKE A PERSON AN ENEMY OF GOD?
- LIST ALL OF THE THINGS JAMES INSTRUCTS US TO DO IN V. 7-10. WHICH OF THESE ARE THE EASIEST FOR YOU? WHICH ARE THE MOST DIFFICULT?
- HOW WOULD YOU DEFINE HUMILITY? WHO DO YOU KNOW THAT HAS DONE THE BEST JOB IN SETTING AN EXAMPLE IN HUMILITY?
- WHAT DOES IT REVEAL ABOUT GOD THAT YOU CAN MAKE HIM "JEALOUS" (V. 5)?
- WHAT DOES/WOULD IT FEEL LIKE TO HAVE GOD ACTIVELY OPPOSE YOU (AS IN V. 6)? WHY DO YOU THINK HE SPECIFICALLY OPPOSES THE PROUD?



# DETOX

WEEKLY  
DISCUSSION  
GUIDE

## PROCESS & APPLY

- HOW HAS THIS FAST HELPED YOU TO IDENTIFY TOXIC ATTITUDES, MOTIVATIONS, AND DESIRES IN YOUR LIFE?
- IN WHAT WAYS HAVE YOU BECOME "FRIENDLY" WITH THE WORLD THAT YOU WOULD LIKE TO CHANGE?
- WHAT ROLE DOES PRIDE PLAY IN YOUR LIFE? WHAT STEPS DO YOU NEED TO TAKE TO BECOME LESS PROUD AND MORE HUMBLE?
- CLOSE YOUR TIME TOGETHER BY SHARING PRAYER REQUESTS AND PRAYING FOR EACH OTHER.



WEEKLYGUIDE