

## Theme

# Shout Out: Let 'em Know You're Thankful

Gratitude is letting others know you see how they've helped you.



### REMEMBER THIS

“Give thanks to the Lord,  
because he is good. His faithful  
love continues forever.”  
Psalm 136:1, NIV

## Week Five

Lord's Supper / Last Supper  
1 Corinthians 11:23–26, Exodus 12

## Say This

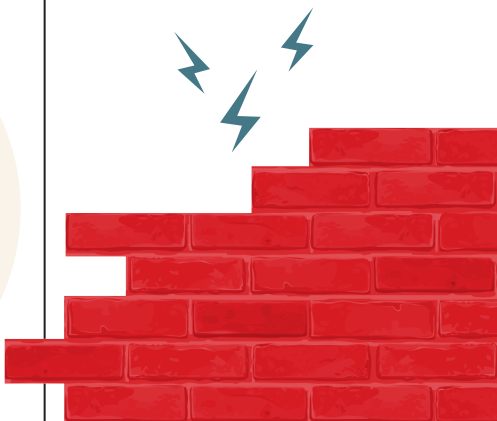
Get in the habit of being grateful.

## Do This



### Bed Time

**W**hat do you think it means to adjust your attitude? Share some situations at home or school where you could “adjust your attitude.” Brainstorm some ways you could approach those situations differently. Pray for each other, that God will help you face everything this week with an attitude of gratitude.



**The goal in  
parenting isn't  
perfection,  
it's progress.**

**—Sissy Goff**

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